

## OUR SERVICES

### Case Management

Case management and follow up for those involved with the legal system as a result of substance use.

### Social Activities

It really is possible to have fun without getting high! Participation gives you the opportunity to relax and laugh, crucial to healing individually and as a family.

### Peer Counseling

Our peer counselors can help you identify struggles pertaining to substance use, find resources and set achievable goals for recovery.

### Support Groups

Our meetings, facilitated by a peer counselor, give you the opportunity to share experiences that strengthen relationships and encourage connection and honesty.

### Education Classes

All classes are facilitated by peer counselors, program directors or community volunteers. Please check our calendar online for details.

### Education & Employment Support

Our Youth Recovery Community Center (YRCC) serves ages 13-21 offering education and employment assistance.

### In-School Intervention

We bring customized in-school intervention to your school for individual students or groups.

### Retreats

Participation in our weekend retreats can form life-long bonds, crucial to recovery and relationships.

### Health & Wellness Events

We provide public education on substance use and recovery including health fairs, trainings and seminars.

### Training

We offer CEUs for professionals working in mental health and substance use.

## WANT TO KNOW MORE?

GIVE US A CALL,  
WE'RE HERE FOR YOU:  
210.227.2634

### HOUSE OF PRAYER LUTHERAN CHURCH:

10226 IRONSIDE  
SAN ANTONIO, TX 78230  
(Near I-10 + Wurzbach Pkwy.)  
Fax: 210-697-3593

### ASBURY UNITED METHODIST CHURCH:

4601 SAN PEDRO AVENUE  
SAN ANTONIO, TX 78212  
Fax: 210-697-3593

*For more information on our  
programs, services or calendar of  
events, please visit:*

[www.RiseRecovery.org](http://www.RiseRecovery.org)

Join our mailing list:  
Text RISERECOVERY to 22828 to  
receive the latest news, events and  
recovery-related information.



## PROGRAMS, SERVICES & SCHEDULE



Our mission is to help teens, young adults and families overcome the effects of drugs and alcohol and partner with the community in education and prevention.

## OUR PROGRAMS

Our 12-step program offers support groups, peer recovery coaching, education classes, social activities and retreats through the following groups:

### YOUTH GROUP

For youth age 12-17 who are struggling with or recovering from alcohol and/or drug use.

### YOUNG ADULT GROUP

For those 18-35 struggling with or recovering from alcohol and/or drug use.

### FAMILY GROUP

For those 18 years or older with a family member who is struggling with or recovering from alcohol and/or drug use.

### NEW GENERATIONS

Support for youth age 9-17, with a parent, guardian or sibling who is struggling with or recovering from drug and/or alcohol use.

## YOUTH RECOVERY COMMUNITY CENTER (YRCC):

The YRCC offers, to youth and young adults aged 13-25 years as well as their families (age 18+), peer counseling, support groups and social activities. This program is for those seeking sobriety and want to live a recovery-oriented life.

## OUR SCHEDULE

### MONDAY

YOUTH GROUP MEETING (age 12-17):  
Asbury United Methodist Church  
4601 San Pedro Ave. - 7:30 p.m. – 9:00 p.m.

FAMILY GROUP MEETING (age 18+):  
Asbury United Methodist Church  
4601 San Pedro Ave. - 7:30 p.m. – 9:00 p.m.

YOUNG ADULT GROUP MEETING (age 18-35):  
Harlandale United Methodist Church  
6025 S. Flores St. - 7:30 p.m. – 9:00 p.m.

EDUCATION CLASS – STIPULATED PROGRAM ONLY:

Rotating 4-week program, same topic given on Monday and Friday each week.  
Harlandale United Methodist Church  
6025 S. Flores St. - 5:30 p.m. – 6:30 p.m.

### TUESDAY

YOUTH GROUP MEETING (age 12-17):  
House of Prayer Lutheran Church  
10226 Ironside - 7:30 p.m. – 9:00 p.m.

FAMILY GROUP MEETING (age 18+):  
(Spanish speaking meeting also available):  
House of Prayer Lutheran Church  
10226 Ironside - 7:30 p.m. – 9:00 p.m.

YOUNG ADULT GROUP MEETING (age 18-35):  
Asbury United Methodist Church  
4601 San Pedro Ave. - 7:30 p.m. – 9:00 pm.

### WEDNESDAY

YOUNG ADULT GROUP MEETING (age 18-35):  
House of Prayer Lutheran Church  
10226 Ironside - 12:30 p.m. – 1:30 pm.

HOLDING SPACE FOR FAMILIES (age 18+):  
Asbury United Methodist Church  
4601 San Pedro Ave. - 7:30 p.m. – 8:30 p.m.

YRCC YOUTH GROUP MEETING (age 13-25):  
Asbury United Methodist Church  
4601 San Pedro Ave. - 7:30 p.m. – 8:30 p.m.

### THURSDAY

Youth, Young Adult, Family and New Gens Groups have separate meetings at:  
Asbury United Methodist Church  
4601 San Pedro Ave. - 7:30 p.m. – 9:00 p.m.  
*This is a desire meeting, no signatures will be given for those stipulated.*

### FRIDAY

EDUCATION CLASS – ALL GROUPS  
Rotating 4-week program, same topic given on Monday and Friday each week.  
House of Prayer Lutheran Church  
10226 Ironside - 5:30 p.m. – 6:30 p.m.

*For details and the latest information on our activities, education classes, events and meetings, please visit our website calendar page at [www.RiseRecovery.org/calendar/](http://www.RiseRecovery.org/calendar/) or give us a call at 210.227.2634.*

*Individual peer counseling is available by appointment. To schedule or to contact one of our centers directly, see the back of this brochure and contact the center most convenient to you.*