

## WITHOUT RISE RECOVERY, I WOULDN'T BE ALIVE TODAY.

I STARTED DRINKING AND SMOKING AT THE AGE OF TWELVE. AT FOURTEEN, I HAD MY FIRST OVERDOSE OF MANY. SOON, I WAS INTRODUCED TO RISE RECOVERY. THEY ALL SHOWED ME LOVE AND TOLERANCE. TEENAGERS FROM DIFFERENT SCHOOLS WERE HANGING OUT AND HAVING FUN...EVEN THE COUNSELORS WERE EXCITED ABOUT BEING SOBER!

- REBECCA, TEEN



### WE MEET YOU WHERE YOU ARE.

Our Programs are based on relationship strengthening and meeting the unique recovery support needs of the entire family. Even if you are unsure of your loved ones use, we are here to talk you through the uncertainty. Our Services are designed to heal the wounds left from drugs and alcohol and bring purpose and hope for the future. Our People will be with you every step of the way, to give you love and support and the tools necessary to navigate the path of recovery.



#### **OUR PROGRAMS**

YOUTH & YOUNG ADULT PEER RECOVERY SUPPORT

FAMILY SUPPORT PARENTS/SIBLINGS/LOVED ONES

IN-SCHOOL SUBSTANCE USE EDUCATION & PREVENTION

TELEHEALTH PEER SUPPORT

#### **OUR SERVICES**

SUPPORT GROUPS

ONE-ON-ONE PEER SUPPORT

SOCIAL ACTIVITIES

PREVENTION EDUCATION

TREATMENT NAVIGATION

VETERAN-FOCUSED SUPPORT



The average age of first drug & alcohol use in Bexar County is 13.

# WE FILL THE NEED WITH BARRIER-FREE RECOVERY AVAILABLE FOR THE ENTIRE FAMILY.

NO JUDGEMENT.

NO TIME LIMIT.

NO INSURANCE REQUIREMENT.

